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AND THAT WEIRD  
COUGH THE  
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Miami Children's Hospital  
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# Cholesterol confusion: the good, the bad and the ugly?



Do you know your cholesterol level? Do you feel guilty if you don't? If you do know what your cholesterol level is, do you know what it means?

The news is full of health studies warning Americans that high cholesterol levels can lead to heart disease and all sorts of other health ailments.

Then they talk about "bad" cholesterol and "good" cholesterol. Do you know which is which?

There are many books on the market that explain the whole cholesterol issue. One of my favorites is "Low Fat Living," by Dr. Robert Cooper and Leslie Cooper.

Cholesterol is animal fat. Your body makes its own, and needs it to maintain health. But too much can be unhealthy.

When people talk about cholesterol levels, they usually are referring to total cholesterol count. According to "Low Fat Living," a range of 180 to 190 milligrams per deciliter is an ideal total serum cholesterol.

its seat.

"Sh-Sh-Shelly," she responded to Phil's question about her identity.

As he whisked her toward an ER stretcher, Phil observed her movements closely. Her mouth contorted to the side, her neck drew her head over and then released it, and her shoulders and arms moved nonsensically.

As another nurse joined them in the room, Phil moved Shelly awkwardly onto the stretcher. Phil pulled up the side-rails quickly.

"Shelly, have you taken any medicines or drugs today or tonight?"

Shelly did not answer. Both shoulders pushed up and her head pulled back hard onto the sheet, arching her back up like the curve of a banana. Then the muscles relaxed again, but only briefly.

As the second nurse connected Shelly to the heart monitor wires and punched the button for an automatic blood pressure, Phil hustled toward the doctor.

Emergency physician Tammy Cortez was finishing a tele-

Then functions, but since it contributes to fat storage, I call it the "ugly" cholesterol. "VLDL is manufactured by the liver to transport various fatty substances through the body," Triglycerides are among the substances transported.

LDL is "bad" cholesterol. LDL sticks to the walls of the coronary arteries, contributing to the formation of plaque. "The higher the LDL level, the greater the risk of heart disease," writes Dr. Cooper. HDL is the "good" kind of cholesterol. It takes the LDL away from the arteries and transports it elsewhere VLDL has some impor-

tant functions, but since it contributes to fat storage, I call it the "ugly" cholesterol. "VLDL is manufactured by the liver to transport various fatty substances through the body," Triglycerides are among the substances transported.

These are fatty acids that are stored by the body as fat. The higher the VLDL level, the more LDL the liver will produce.

If you are at risk of heart disease, a cholesterol level test is probably routine for you. Your doctor can explain the results.

But, if you're healthy and

curious about your cholesterol level.

Smoking cigarettes increases your cholesterol level.

Eating a whole grain cereal for breakfast can help lower your cholesterol level.

The type of oil you cook with can also make a difference. Olive oil and peanut oil promote the production of HDL, the "good" cholesterol.

Before making any changes in your diet and exercise plan, check with your own doctor. This is especially important if you are on prescription medication. Some foods that would otherwise be considered healthy interact badly with some medications.

phone conversation with the on-call neurosurgeon as Phil approached.

"Hey, Doc, there's something weird going on over here," he said, pointing to Room 12.

"Take a look at this."

While leaning back in her chair, Cortez could see Shelly, her right arm flailing off the side of the bed. She moved quickly to this patient's side.

Within 10 seconds, Cortez noticed that Shelly was not having any difficulty breathing, and that she appeared to be wide-awake. She noted no signs of a head injury, and glanced at the normal blood pressure reading displayed on the monitor.

"Shelly, are you having any pain anywhere?"

"Umm," Shelly whispered. "No."

As Phil inserted an intravenous line into Shelly's left arm, Cortez continued her questioning. Shelly denied any prior history of seizures or convulsions, or any recent injury or illness. She managed to shake her head when asked about any medicine allergies.

"Shelly, are you on any medications?"

Shelly didn't speak as her head twisted to the side again.

Cortez leaned over, putting her face only a foot in front of Shelly's face.

"Shelly, this is really important. I want to help you here, but you'll have to help me figure this out. Did you take anything today or tonight?"

Silence.

"Phil, I think this is a drug reaction, a dystonic reaction of some sort," Cortez said as she looked back toward the nurse.

"Let's try 50 milligrams of Benadryl in the IV."

As Phil pulled out a vial of Benadryl, Cortez moved close to Shelly again.

"Shelly, are any of your friends or family here?"

A tear emerged from Shelly's right eye as that side of her face squeezed itself together.

"No." Her whisper was barely audible.

Phil pushed the Benadryl into the IV line.

Cortez stayed by Shelly's side. She watched the breathing pattern, the heart monitor

screen, and the disjointed movements of the upper body and head. She saw another tear drop from the right cheek.

A calm seemed to settle over ER Room 12. Shelly appeared more relaxed; her muscle motions began quieting.

Within a few minutes, Shelly was lying perfectly still on the stretcher. She released a big sigh, then looked up toward Cortez, who was staring straight into her eyes.

Shelly grimaced, and her eyes assumed a pitiful air, as though she wanted to speak.

"What is it, Shelly?" Cortez anticipated what was coming next.

"Well," she stammered as she looked over to the wall. "I...umm, did take a little pill tonight with my friends."

Cortez nodded with a knowing look on her face, but didn't speak.

After a long minute of silence, with a quivering lip and more tears, Shelly turned her eyes back up to Cortez.

"Don't tell my Mom about this," she whimpered. "Please."

Masilitto said.

The commissioner said the state is currently working on a deal which would allow the Fanjul family, which leases 700 acres owned by the state adjacent to the Pahokee airport, to instead purchase 800 acres in Martin County. The acreage near Pahokee could then be developed into a planned housing/shopping community, providing 2500 new homes in the \$50,000-\$200,000 price range to attract new residents to the area.

Commissioner Masilitto said the idea is based on a ten year timetable, geared toward serving the projected 2400 new jobs expected to be created by the construction of the scenic trail.

"The state has committed \$30 million to build the trail, but we have no services to support it," Commissioner Masilitto said. Calling Lake Okeechobee and the scenic trail "a big magnet for money," the commissioner said county staff have been assigned to promote the lake as a tourist attraction, and projects that once the trail is complete and support services are in place, the Glades can expect to draw five percent of the 58 million tourists that visit Walt Disney World each year.

"The average person spends \$150 a day, per person on vacation. That kind of money has the potential to change a lot of lives, to create more employment opportunities, opportunities to improve education and quality of life," Commissioner

Masilitto said. "Things are turning around, you just don't see it yet."

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John Calebrese with the Internal Revenue Service spoke to Belle Glade Rotarians on May 22 about excise taxes and their enforcement. Photo by Ed Rongioni

# OPINION PAGE

*Feel strongly about local issues?*

## **The Sun**



### INVITES YOU TO SPEAK OUT!

(561) 996-6636

*Speak Out is our 24-hour opinion line.*

*Call 996-6636 to express your opinion or ask questions about public issues.*

*You are not required to give your name. While we want you to speak out freely, the newspaper reserves the right to edit calls for clarity, brevity, relevance and fairness.*

#### **Congratulations**

"As a member of the Palm Beach County Sheriff's Office serving the Glades area, I would like to congratulate the City of Pahokee hiring ex-captain of the PBSO, Gary Frechette as their new chief."

Gary is loyal, he is fair; he's hardworking and he is well-respected by all the law enforcement agencies near and far. If the City of Pahokee will work with their new chief, not only will they reap the rewards, but so will all the surrounding areas.

Gary will work with the people and his own people. He will get out and ride with the troops.

Again Pahokee, congratulations. Our loss is your gain. Good luck, Chief Gary. I know you can do it."

#### **Various concerns**

"I'm calling because there are various problems associated with the Pahokee Housing Authority. Someone responded to the protest that was done earlier in the month. My question to them is if PHA has done such a wonderful job, why is Freed Village still left unpainted."

If there was a meeting to discuss what color the residents wanted, I was not notified about any colors or choices."

When are they going to paint the development and what color will it be painted and when are we supposed to get our new cabinets?"

I also have a problem with the roaches at this facility. They send the men from a pest control company out to spray, but it doesn't help."

Also, we find it ridiculous the way the water is always off, maybe once or twice a week or every other week. I don't know what's going on with all these busted water lines. They need to let us know before they shut the water off."

Why don't they repair the entire system instead of having this happen all the time? This leaves us sometimes without a way to bathe, wash our clothes or dishes or cook a meal. We have been without water for an entire day."

This is ridiculous. Someone needs to do some-

thing about this because it is very inconvenient."

**Editor's note:** This Speak Out was edited to take out repetitious statements while hopefully retaining the caller's message. Also, this Speak Out was sent to Julia Hale, director at the PHA. She did not respond by deadline on Monday.

#### **Prayer**

"I'm calling about the 13-year-old boy who shot his teacher in Lake Worth. This is such a shame."

I just want to say that somebody needs to take into consideration and maybe put the prayer back in school to keep those children right."

I just don't know how schools can operate and not put God first to teach the children. The way this world is, prayer needs to be in there."

The world changes, but the Bible doesn't change.

The way we are going, some people are going to need to put their heads together and put prayer back in the schools. We all have different religions, but let me tell you something, there is only one God."

There is a great need and demand to put prayer back in the schools. How can you expect to have a good day when you don't start it with prayer?"

#### **Movie theater**

"We want a movie theater between West Palm Beach and Belle Glade on Interstate 80 if it is at all possible, or on the main street."

We want a movie theater so that everyone can be comfortable and secure in the area which we can go and view a movie just like they do in Clewiston."

Clewiston has a movie theater. Why can't we have a movie theater generated for all population and for all races of people?"

It could be for black, white, Spanish or whatever as long as we are comfortable not in just one secluded area. We want it so that everyone can attend."

Thank you."

## **Letters to the Editor**

#### **Dear Editor:**

I would like to give a special thank you to Renee' Atkins, coordinator of the Rev. Jesse Biggs Jr. Gospel Festival. I would also like to thank Pastor James W. White and the United Missionary Baptist Church family for hosting the Rev. Jesse Biggs Jr. Gospel Festival in memory of a true patriot of Pahokee and the surrounding areas.

**Editors note:** The POLICE NEWS in this newspaper lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

## **The Sun**

#### **A PLEDGE TO OUR READERS**

##### **We pledge...**

- ✓ To operate this newspaper as a "public trust."
- ✓ To help our community become a better place to live and work, through our dedication to conscientious journalism.
- ✓ To provide the information citizens need to make their own decisions about public issues.
- ✓ To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.



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**"I'm sorry, but you'll have to talk to my husband. I let him speak for himself. I just tell him whether he can do it or not"**

## Staying safe on campus a matter of preparation

By Stephanie Hamill  
Radford University

Going to college is an exciting and sometimes scary step in any young adult's life. Parents, as well, experience a range of emotions, from pride to protectiveness. One of the common concerns students and parents share is campus safety. Although not on campus, parents can play a part in ensuring the safety of their child and, by learning a few campus safety tips, students can avoid becoming victims.

"You hear about so much crime in the news, that I think there has been a general increase in sensitivity to and awareness of crime issues on campus," says Radford University Dean of Students Bonnie Hurlburt. A comprehensive university in Southwest Virginia, enrolling 8,500 students, RU has been ranked one of the nation's safest campuses by The Chronicle of Higher Education. Hurlburt says that although parents are not on campus, they can do several things to make sure their child is in a safe environment.

Talk to the prospective student about crime and go over basic common sense safety rules. "We are very open with the parents before and during our summer orientation. We give them a Security and Safety brochure and talk with them about encouraging their sons and daughters to use good sense," says Hurlburt. Chief of RU Police Toby Phillips agrees parents should discuss safety with their child and says that they should give instruction during the pre-teen and teenage years on being cautious and not being too trusting or taking risky chances.

Research the crime rates at institutions the student is interested in. Hurlburt emphasizes that, per the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, public and private institutions of higher education that participate in any federal student aid programs are required to publicly disclose three years of campus crime statistics and basic security policies. She urges parents to research the campus crime reports of schools in which their child is interested. Many universities, including Radford, publish these statistics on their web site.

Nationwide statistics may also be obtained through the web site of the Chronicle of Higher Education (chronicle.com). Hurlburt notes, however, that the statistics reported are only campus crimes and that the parent should also take into account the crime rate of the city in which the school is located.

Review university safety policies with the student and call the university police office with any questions. Hurlburt notes that at Radford University orientation, parents are briefed on university policies as well as what extra services the university provides to ensure student safety, such as 24-hour police watch, outdoor emergency telephones, a police-provided escort service after dark and bicycle registration. Parents should call the school if they have questions about what services the school may or may not provide.

Phillips says that the most common crime problems on campuses across the nation are crimes against property, although violent crimes do occasionally occur. He recommends many personal safety tips to students so they can avoid becoming victims.

\* Don't walk alone and always be aware of your surroundings.

\* Use public, well-lit walkways and avoid any dark and isolated areas.

\* Look alert and hold your keys in your hand when you are walking to your vehicle.

\* Give your vehicle the quick once-over before entering, including looking in the back seat.

\* If you are being followed, cross the street change direction, keep looking back so the person realizes you are aware of his/her presence, go to a well-lit area, notice as many physical details of the person following you as possible and report the incident to the police.

\* If you are alone in your room, an office or a classroom keep the door locked, always ask who is at the door before opening, never prop open locked exterior building doors and when you leave the room, always lock it even if you will only be gone a minute.

\* Be careful whom you give personal information to.

\* Always remain in control of yourself and your surroundings at social functions and be aware of the content and quantity of any beverages or other substances you consume.

#### **Property protection tips:**

\* Keep all cash, checks, credit cards, purses etc., with you at all times. Never leave them unattended or unsecured.

\* Keep your car locked at all times and store valuable items in the trunk.

\* Store computers, lab equipment and audiovisual equipment in a locked classroom or office.

\* Make a record of the serial number of both personal and university property in your room or office.

\* Inscribe stereo, computers, etc. with your social security number. Many university police offices have an engraver available for loan.

\* Lock all doors and windows in your room.

\* Don't bring valuables, i.e. watch, jewelry, with you to athletic facilities.

\* Write your name in ink on the inside cover of all textbooks, and do not leave them, or bookbags, unattended.

Basically, Phillips says it all comes down to common sense. "Think about what you are doing to make sure you are not put into a compromising situation that makes you more vulnerable." If a crime does occur, the student should report it as soon as possible to the campus police and seek any help available, if needed. Most universities have counseling services for victims of crime. Contact the university's dean of students office or information desk to learn more about what crisis and counseling services are available.

## About letters

To voice your opinion about Glades issues, or to respond favorably or unfavorably to articles printed in the paper, we encourage you to write us a letter. Send to:

**The Sun**

417 N.W. 16th Street #5, Belle Glade, FL 33430





The City of Belle Glade honored the Pathfinder Scholarship Awards recipients at Monday night's commission meeting. Present for the ceremony were James Hamilton, Glades Central, who won a scholarship in drama from the Northern Palm Beaches Chamber of Commerce and Lucrilia Jackson, Glades Central, who won for academic excellence. The students are shown with Mayor Harna Miller.

Sunspots/From Pg. 1

#### Story times

The Belle Glade Branch Library will offer Summer Story Times from June 8 through July 29, for ages 2-12. Pre-registration is required. Please call 996-3453 for dates, times and more information.

#### 1996 class reunion

The Class of 1996 Glades Central High, will be having a pre-class reunion on Saturday, June 10 at 3 p.m. at Pioneer Park.

Every member of the class who plans to attend will need

to contribute \$5 to help with the cost of food by June 3. After that date the cost will be \$10.

For more information, contact Carla Little-Rhoden at 924-6414 anytime before 3 p.m. or Mr. and Mrs. Schultz at 993-4448 before 3 p.m. and 996-5520 after 3 p.m.

#### Stand for Children activities

A week of activities are planned for Stand for Children Day ending with a concert and festival at Lake Shore Park this Saturday, June 10 from 10 a.m. to 4 p.m.

For more information, call

Lt. Curtis Stambaugh at 996-7270; Barbara Bell-Spence at 996-0111; Mary Harrell at 996-8087; Irene Clay at 996-3738 or Corey Wilkerson at 992-9500.

#### Women's Day

The annual Women's Day will be held at New Bethel Baptist Church on Sunday, June 11 at 11 a.m. The theme is "Jesus Christ, The Same Yesterday, Today, and Forever." Speaker will be Barbara Wright and the colors for the event are red and white.

The church is located at 1101 West Avenue A, Belle Glade.

Explorers program, will head up the YES initiative while other deputies may be assigned as needed, the captain said.

The "Do the Right Thing" program, developed by the Community Police Unit in cooperation with the school district and local businesses and piloted at six area elementary schools this year, will continue next year and the Captain will be working with the Juvenile Task Force around the lake to expand juvenile crime prevention programs.

"We just took a bunch of kids to the Space Center as part of the "Do the Right Thing" program.

"It doesn't take a lot of time, but a lot of kids get recognition and a lot of times that's what they need. If they don't get attention for doing good things, then they'll seek attention by doing bad ones," the Captain said.

The YES program, which emphasizes gang resistance, violence resistance and drug resistance, with a lot of emphasis on conflict resolution, is a shorter program and we hope to go into the elementary schools with it. By the time children get into middle school, many of them have already decided if they're going to be good or bad," the captain said.

Veteran DARE instructor Deputy Lee Sutterfield, who also supervises the District's

Explorers program, will head up the YES initiative while other deputies may be assigned as needed, the captain said.

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#### Capt. Figueroa/From Pg. 1

to prevent juvenile crime and domestic violence. That experience, he believes, will be useful in his position as Commander of District 5 and supervisor of the Eagle Academy in Pahokee.

"We want to be proactive in the truancy program. We should strive to keep children in school, because when children are not in school, in many cases they're out there causing trouble," the captain said.

Not only does he expect deputies to work closely with the Truancy Intervention Program (TIPS), but the agency will also work closely with the school board police to identify first time juvenile offenders eligible for the Teen Court diversion program.

The captain plans to meet with local principals over the summer to introduce the Youth Educational Series (YES) program, which was introduced on

the coast last year, replacing the old DARE (drug abuse resistance education) program.

The DARE program was an excellent program, but times have changed and they wouldn't change the program. Because there are so many schools in Palm Beach County, we couldn't go into the elementary schools with DARE, it was primarily a middle school program.

The YES program, which emphasizes gang resistance, violence resistance and drug resistance, with a lot of emphasis on conflict resolution, is a shorter program and we hope to go into the elementary schools with it. By the time children get into middle school, many of them have already decided if they're going to be good or bad," the captain said.

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## Arrest Blotters

**Editor's note:** The police news on this page lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

#### SOUTH BAY

The South Bay Police Department made 13 arrests the week of May 28-June 3.

Those arrested included:

**May 28** - Lonnie C. Brown, 32, aggravated battery; Jose Rodriguez, 48, violation of the open container law; Juvenile, 12, trespassing; Juvenile, 13, trespassing; Juvenile, 12, trespassing; Juvenile, 10, trespassing; Juvenile, 9, trespassing.

May 29 - No arrests made.

May 30 - Sammie L. Smith, 42, warrant arrest for failure to appear.

May 31 - Juvenile, 17, trespassing.

June 1 - Juvenile, 13, trespassing; Juvenile, 14, trespassing; Reinold McElvin, 28, battery.

June 2 - Juvenile, 12, trespassing.

June 3 - No arrests made.

#### BELLE GLADE

The Belle Glade Police Department handled 528 complaints and gave 8 traffic citations the week of May 29-June 4.

Those arrested included:

**May 29** - Robert Stewart, 28, violation of probation and two counts of failure to appear on traffic citations.

May 30 - Bobby Lee Turner, 45, armed burglary to a business, petty theft, possession of narcotic paraphernalia and carrying a concealed weapon by a convicted felon; Orlando Hernandez, 27, aggravated battery; Eric Bledsoe, 27, grand theft auto; Freddie Lee Taylor, 33, retail theft; Inez Martinez, 43, violation of conditions of pretrial release.

May 31 - Brenda Hill, 35, disorderly intoxication; Juvenile, 15, aggravated assault with a deadly weapon.

June 1 - Andrew Harold, 40, burglary to a dwelling; Brenda Hill, 35, aggravated assault with a deadly weapon; Darren Hatcher, 29, tampering with a witness; Jay Sykes, 18, disorderly conduct in a food establishment and a warrant for trespassing on school property; Curtis Franklin, 32, attempted first degree murder.

June 2 - Juvenile, 13, burglary to a convenience and petty theft; Desmond Matthews, 36, possession of marijuana over 20 grams and possession of marijuanna with intent to sell.

June 3 - Juvenile, 16, retail theft.

June 4 - Allen Brunson, 40, possession of cocaine, possession of narcotic paraphernalia and possession of altered identification.

#### PAHOKEE

The Pahokee Police Department handled 197 calls, issued 8 traffic citations and made 5 arrests the week of May 29-June 4.

Those arrested included:

**May 29** - Kelvin L. Walker, 26, domestic battery.

May 30 - No arrests made.

May 31 - Barbara Washington, 25, aggravated battery; Geno Tole, 18, battery on a detention staff member.

June 1 - Molly Sue Wetherington, 41, domestic battery.

June 2 - Juvenile, 17, picked up on a warrant.

June 3 - No arrests made.

June 4 - No arrests made.

## Being a weatherman is a great job



Mike Lyons

a while, Mother Nature does something that is truly astonishing. Last year it was Hurricane Floyd, but a few years ago it was another hurricane called Mitch.

You may not remember what Mitch did to Central America in 1998. The death toll was staggering, estimated at more than 11,000 with thousands of others missing. That made Mitch the deadliest Atlantic hurricane since the Great Hurricane of 1780, which killed around 22,000 people in the eastern Caribbean.

The President of Honduras, Carlos Flores Nicasio, said the storm destroyed 50 years of progress. Altogether, Mitch affected more than three million people.

And, perhaps most surprising of all, Mitch did all of that as a weak tropical storm, not some huge, powerful hurricane.

Of course, at one point in his life, Mitch was a monster: a category five storm with sustained winds of 180 mph. National Hurricane Center statistics indicate Mitch is the fourth strongest hurricane ever recorded in the Atlantic basin.

And Mitch retained that rare status for a remarkably long period of time. Mitch was a category five hurricane for 33 consecutive hours, while producing sustained winds of 180 mph for 15 hours. It was truly an awesome display of power.

But the storm weakened before making landfall in

Central America. "We didn't have a category five down there," said Harry Jerrell, the recently-retired Director of the National Hurricane Center. "It was the rain that killed those folks."

The rain that never seemed to stop, Jerrell's not sure how much rain fell in Honduras and Nicaragua (no one is), based on satellite photographs, he came up with a pretty good estimate.

"We guess that Mitch produced 50 to 75 inches of rain," he said. "These numbers, while extraordinarily high, are not unreasonable considering the tropical location and the altitude of the mountainous terrain."

Hurricane Mitch produced similar or even higher precipitation totals over Cuba in 1963. And Hurricane Georges dropped several feet of rain in Haiti and the Dominican Republic two years ago.

In his 1994 book, University of Miami professor David E. Fisher writes, "the scariest place on Earth is directly in the path of an onrushing category 5 hurricane." He's right, of course, but as we saw with Hurricane Mitch, a weak storm in the wrong place at the right time can be just as deadly.

As I said, I have a great job but sometimes that front row seat is not very pretty.

(Mike Lyons is the chief weather forecaster for WBFS-TV)

## CRIME STOPPERS



Ralph Leroy Jordan

Crime Stoppers of Palm Beach County, Inc., is asking citizens to help locate Ralph Leroy Jordan, who is wanted for failure to appear on charges of carrying a concealed weapon by a convicted felon, possession of cocaine and possession of marijuanna.

Jordan is a black male, 6'2" tall, and weighs 160 pounds. He has black hair and brown eyes and his date of birth is September 15, 1976. He has a tattoo on his chest. His last known address was 412 N.W. 4th Avenue, Boynton Beach.

His last occupation is unknown. His warrant was active as of May 30, 2000.

If you know the whereabouts of Ralph Leroy Jordan or anyone involved in a serious crime, call Crime Stoppers at 1-800-758-8177. You can remain anonymous and still receive a cash reward if your tip leads to an arrest.

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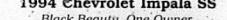
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# Sports this week

## Lion's Club Braves softball team places first



Members of the Lion's Club Braves took first place in the Dixie League Girl's Softball tournament recently. Shown, front row, from left are: Krystal Figueroa, Brandy Johnson, Jayna Key, Kirsten Duff, Kaitlyn Rodriguez, Leanna Robinson. Back row, from left are: David Key, Jessie Figueroa, Vanesa Roa, Brooke Allen, Keren Rodriguez, Elizabeth Yance, Jamie Alvarez and Sherry Yance. See next week's edition of The Sun for more winners.

## Panther expert optimistic but concerned

Florida Panther kittens are born at twice the endangered predator's death rate. This and other encouraging signs are cause for cautious optimism, according to a top panther expert.

Darrell Land, Florida Research Team leader with the Florida Fish and Wildlife Conservation Commission (FWC) is reasonably confident that the panthers will be around for at least the next 25 years. Survival beyond that point is dependent on long-term habitat protection.

This guarded optimism is supported by the recent slight to moderate increase in the big cat's wild population.

Land estimates the population of Florida panthers at near 70, a promising increase from past estimates of 30 to 50. The overall health of the panthers is also cause for tempered confidence.

Land's Panther Research Team, based in Naples, intensified its study of young panthers during the past decade. They learned the kitten birth rate was nearly double

that of the panther mortality rate. This pleasant surprise suggests the panthers benefited from various conservation measures, especially key land acquisition in south Florida.

Land cites significant habitat acquisition in the last decade as the single most important factor in the species continued survival and recent population spurt.

These purchases were funded by the state legislature through Project 2000 and the Forever Florida Act.



The South Shore Cricket Club served over 300 lbs. of pork shoulder, 700 lb. of chicken leg quarters and lots of corn on the cob during their annual picnic May 14.

## South Shore Cricket Club has record-setting game

The South Shore Cricket Club of Belle Glade had a record-setting game against the Challenger's Cricket Club of Miami on Sunday. South Shore scored 304 points, the highest score ever for the team.

They were led by Maysy Gayle who scored 100 points and Mr. Griffiths, who scored 61 points. South Shore won by 98 points as the Challenger's team scored 206 points.

South Shore will host a team from Central Florida on Sunday, May 28 at John Stretch Park in Lake Harbor.

The visiting team will be led by former West Indies player Mr. Faouad Bacchus and Mr. Donald Clarke, former South Shore batting star.

Established in 1962, over 1,400 attended the South Shore Cricket Club's 9th annual picnic at John Stretch Park in Lake Harbor May 14.



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Mr. and Mrs. Bobby (Gladys Walker) Moore

## Walker-Moore wed

Gladys D. Walker and Bobby Moore, Sr. of Belle Glade were married June 3, 2000 at Mt. Calvary Baptist Church in Belle Glade.

The bride is the daughter of Catherine Walker of Belle Glade and James Walker of Frostproof, Florida. She is a 1981 graduate of Glades Central Community High School and is employed as a bus driver with the Palm Beach County School Board.

The groom is the son of the late High Moore and Hattie Moore of Stillmore, Ga. He is a 1976 graduate of Glades Central Community High School and is employed as a Lube Truck operator with Ranger Construction, Inc.

The couple will reside in Belle Glade.

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